



Submitting the Manuscript to the Journal:

Manuscripts to the International Journal of Medical Research & Health Sciences should be submitted online through the login / submission. The covering letter must include. Manuscript accepted in MS Word format only

Preparation of the Manuscript

Templates for writing original papers, case reports and review articles have been provided below. These can be followed for writing the articles as per

The text of observational and experimental articles should be divided into sections with the headings:

- Introduction, Methods, Results, Discussion, legends, and Acknowledgment.
- Times New Roman font 12 size
- Use 1.5 spacing throughout.
- Number pages consecutively,
- Beginning with the title page.

Title Page should carry

1. Type of manuscript
2. The title of the article, which should be concise, but informative (Times New Roman font 14 size bold)
3. The name by which each contributor is known (Last name, First name and initials of middle name),
4. The name of the department(s) and institution(s) to which the work should be attributed;
5. The name, address, phone numbers and e-mail address of the contributor responsible for correspondence about the manuscript

Abstract Page The second page should carry the full title of the manuscript and an abstract (of no more than 150 words for case reports, brief reports and 250 words for original research article should be structured and states the Context (Background), Aims, Methods and Material, Results and Conclusions.

Below the abstract should provide

Introduction State the purpose of the article and summarize the rationale for the study or observation.

Methods Describe the selection of the observational or experimental subjects (patients including controls) clearly. Identify the age, sex, Identify the methods, apparatus (give the manufacturer's name and address in

parentheses), and procedures in sufficient detail. Give reference statistical methods; provide references and brief descriptions for methods that have been published but are not well known

Ethics While reporting experiments on human subjects indicate whether the procedures followed were in accordance with the ethical standards of experimentation (institutional or regional) and with the Helsinki Declaration of 1975, as revised in 2000 (available at <http://www.wma.net/e/policy/17>) initials, or hospital numbers, especially in illustrative material.

When reporting experiments on animals, indicate whether the institution's or a nation's national law on the care and use of laboratory animals was followed.

Statistics When possible, quantify findings and present them with appropriate indicators of measurement error or uncertainty (such as confidence intervals, dropouts from a clinical trial). Put a general description of methods in the Methods section. When data are summarized in the Results section, analyze them. Avoid non-technical uses of technical terms in statistics, such as 'random' (which implies a randomizing device), 'normal', 'significance' statistical terms, abbreviations, and most symbols. Use upper italics ($P < 0.05$).

Results Present the results in logical sequence in the text, tables, and illustrations. Do not repeat in the text all the data in the tables or illustrations; observations.

Discussion Emphasize the new and important aspects of the study and the conclusions that follow from them. Do not repeat in detail data or other material section. Include in the Discussion section the implications of the findings and their limitations, including implications for future research. In particular, contributors should avoid making statements on economic benefits and costs unless their manuscript includes economic data and analyze to work that has not been completed.

Acknowledgments As an appendix to the text, one or more statements should specify

1. Contributions that need acknowledging but do not justify authorship, such as general support by a departmental chair;
2. Acknowledgments of technical help
3. Acknowledgments of financial and material support, which should specify the nature of the support. This should be the last page of the manuscript

References References should be numbered consecutively in the order in which they are first mentioned in the text (not in alphabetic order). Identify reference numerals in superscript. References cited only in tables or figure legends should be numbered in accordance with the sequence established by particular table or figure. Use the style of the examples below, which are based on the formats used by the NLM in Index Medicus. The titles of journal the style used in Index Medicus. Use complete name of the journal for non-indexed journals. Avoid using abstracts as references. Information from should be cited in the text as "unpublished observations" with written permission from the source. Avoid citing a "personal communication" unless available from a public source, in which case the name of the person and date of

communication should be cited in parentheses in the text.

Articles in Journals

Standard journal article

- Kulkarni SB, Chitre RG, Satoskar RS. Serum proteins in tuberculosis. J Postgrad Med. 1960;6:113-20.
(List the first six contributors followed by et al.)
- Volume with supplement: Shen HM, Zhang QF. Risk assessment of nickel carcinogenicity and occupational lung cancer. Environ Health Perspect. 1994; 102(1):27-29

Books and Other Monographs

Personal author(s):

- Ringsven MK, Bond D. Gerontology and leadership skills for nurses. 2nd ed. Albany (NY): Delmar Publishers; 1996.

Editor(s), compiler(s) as author:

- Norman IJ, Redfern SJ, editors. Mental health care for elderly people. New York: Churchill Livingstone; 1996.

Chapter in a book

- Phillips SJ, Whisnant JP. Hypertension and stroke. In: Laragh JH, Brenner BM, editors. Hypertension: pathophysiology, diagnosis, Med Press; 1995. pp. 465-78.

Tables

- Tables should be self-explanatory and should not duplicate textual material.
- Type or print out each table with 1.5 spacing on a separate sheet of paper. If the table must be continued, repeat the title on a second sheet
- Number tables, in Arabic numerals, consecutively in the order of their first citation in the text and supply a brief title for each.
- Place explanatory matter in footnotes, not in the heading.
- Explain in footnotes all non-standard abbreviations that are used in each table.
- Obtain permission for all fully borrowed, adapted, and modified tables and provide a credit line in the footnote.
- For footnotes use the following symbols, in this sequence: *, †, ‡, §, ||, , **, ††, ‡‡

Illustrations (Figures)

- Figures should be numbered consecutively according to the order in which they have been first cited in the text.
- Symbols, arrows, or letters used in photomicrographs should contrast with the background
- Titles and detailed explanations belong in the legends for illustrations not on the illustrations themselves.
- When graphs, scatter-grams or histograms are submitted the numerical data on which they are based

should also be supplied.

- If photographs of people are used, either the subjects must not be identifiable or their pictures must be accompanied by written permission.
- If a figure has been published, acknowledge the original source and submit written permission from the copyright holder to reproduce for such figures.
- The Journal reserves the right to crop, rotate, reduce, or enlarge the photographs to an acceptable size.

With Best Regards
Editor Board Office
IJCBR.

More Information Available At: www.ijcbr.com